

Training: developing or forming habits, thoughts,
or behavior by discipline or instruction

“It’s not the will to win that matters—everyone has that.
It’s the will to prepare to win that matters.”— Paul “Bear” Bryant

“I never left the field saying I could have done more to get ready
and that gives me piece of mind.”— Peyton Manning

“It’s all to do with the training:
you can do a lot if you’re properly trained.” —
Queen Elizabeth II

“Nobody who ever gave his best regretted it.”— George Halas

“Wisdom is always an overmatch for strength.”— Phil Jackson

“If you fail to prepare, you’re prepared to fail.”— Mark Spitz

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