



Congratulations on participating in the LiveWell Vermont 5K Fitness Challenge!!

Complete a 5K during any week of the challenge to be eligible for the 5K Challenge Award!

Resources*: Local Walking/Running Events

**These resources/organizations are for you to research at your own discretion.*

Some programs may be associated with fees.

The LiveWell Vermont State Wellness Program neither favors nor endorses any of the following.

Local Walking/Running Events

- **VT Corporate Cup and State Agency Race:** <http://www.vcccsar.org/>
 - **Run Vermont:** <http://www.runvermont.org/>
 - **Vermont Sports:** <http://vtsports.com/>
 - **Central Vermont Runners:** <http://www.cvrunters.org/>
- **Green Mountain Athletic Association:** <http://www.gmaa.net/main.php>
 - **Marble Valley Runners (Rutland)**
<http://marblevalleyrunners.org/MarbleValleyRunners/Home.html>
- **Batten Kill Runners (Bennington):** <http://www.bkvr.org/index.php>
 - **Cool Running:** <http://www.coolrunning.com/>
 - **Active:** <http://www.active.com/>