



***Vermont State Employees' Wellness Program
2014 Flu Immunizations for Vermont State Employees & Retirees***

Will you accept walk-ins?

- Yes, if slots are available. There are no guaranteed slots for walk-ins. **Scheduled appointments take priority and are preferred.** Walk-ins must have insurance card (Medicare, BCBSVT), if applicable, and proof of eligibility, if active or temporary.

Is there a cost to me for the shot?

- There are NO out-of-pocket expenses or co-pay for eligible participants.

Do I need to use leave or sick time to attend?

- Employees can attend on paid "state work time." There will be no mileage reimbursement. Please coordinate with your supervisor/manager to attend.

Why do you need to make a copy of my Medicare insurance cards?

- You may have multiple letters noted on your card, which correspond with your coverage. To bill Medicare accurately, we will be taking a copy of your card at the site. Medicare requires your ID number and all plan letters as well as your address. Occupational Health and Wellness Management (OHWM), our vendor, is a designated health provider and is approved to bill Medicare for flu vaccines. All client information is protected under strict HIPAA privacy regulations and the website is SSL secured.

Does this vaccine have the mercury-based preservative called thimerosal?

- All vaccines used at the LiveWell Vermont State Employee and Retiree Flu clinics are thimerosal - free.

What type of flu vaccine am I getting?

- The trivalent vaccines (includes H1N1 and H3N2) will be administered at all LiveWell Vermont State Employees Wellness Program Clinics.

Who is administering the vaccines?

- VT Registered Nurses will be administering the shots at all clinics. They work for Occupational Health and Wellness Management, who is partnering with LiveWell Vermont to run the statewide flu clinics.

Where else can I get a shot for myself or my family?

- In order for the flu shot to be covered by the State's health plan through BCBSVT, you must get it from an in-network provider. Medicare retirees may be covered at Visiting Nurse clinics that bill Medicare directly.

Where can I find more information?

- Contact LiveWell Vermont State Employees Wellness Program at DHR-EmpWellness@state.vt.us or call 802-828-2804 or visit http://humanresources.vermont.gov/salary/wellness/flu_program
- Contact Vermont Department of Health Immunization Program at 1-800-640-4374 or visit immunizationprogram@state.vt.us or <http://healthvermont.gov> or www.flu.gov.