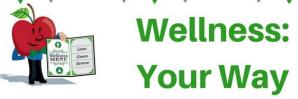
2018 LiveWell Vermont Wellness Screenings

Central Vermont



Know Your Numbers:

- Blood pressure
- Non-fasting blood sugar
- Cholesterol



Book Your Appointment on the Wellness Portal!

2018 LIVEWELL INCENTIVE PROGRAM

Complete a Biometric Screening and earn 30 points in the 2018 Wellness: Your Way Incentive Program!

- 1. Visit https://mybluehealth.bcbsvt.com
- 2. Create an account/login at the LiveWell Wellness Portal.
- 3. Complete your Personal Health Assessment found under the "Health" tab on your dashboard
- 4. Register for your screening. Click "Community", then "Event Registration". Click the clinic site, date & time.
- 5. Add your appointment to your calendar by clicking on the icon upon registration.

| MAY 1 | MONTPELIER, 120 STATE STREET, 5 th FLOOR CONFERENCE ROOMS | 8AM – 4PM |
|---------|--|-----------|
| MAY 8 | BERLIN, VTRANS, 1716 US ROUTE 302, ROOM 114 A& B | 8AM – 4PM |
| MAY 10 | MONTPELIER, NATIONAL LIFE, DEWEY BLDG. (END OF PARKING LOT), ROOM 237 | 8AM – 4PM |
| MAY 15 | BARRE, AGENCY OF EDUCATION, 219 N. MAIN STREET – 2 ND FLOOR, ROOM 304 | 8AM – 4PM |
| MAY 17 | MONTPELIER, 109 STATE ST, PAVILION BUILDING – 4 th Floor, Large Conf. Rm | 8AM – 4PM |
| MAY 24 | ESSEX GLOBAL FOUNDRIES, 1000 RIVER ST, BLDG 958, BOLTON VALLEY RM, 2 ND FL MUST HAVE GLOBAL FOUNDRIES ID CARD TO ACCESS SITE | 8AM – 4PM |
| MAY 25 | MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 RD & 4 TH FLOOR, ROOMS 314 & 414 | 8AM – 4PM |
| JUN 11 | MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 RD & 4 TH FLOOR, ROOMS 314 & 414 | 8AM – 4PM |
| JUN 13 | BARRE, McFarland State Building, 5 Perry St. – 2 ND Floor, VDH, WIC Room | 8AM – 4PM |
| JUN 18 | MONTPELIER, DEPT. OF LABOR, 5 GREEN MOUNTAIN DR. – ROOM 206 | 8AM – 4PM |
| JUN 21 | WATERBURY, STATE BUILDING – 2 ND FLOOR, ASH CONFERENCE ROOM | 8AM – 4PM |
| JUN 29 | MONTPELIER, 133 STATE STREET – BASEMENT CONFERENCE ROOM 021 | 8AM – 4PM |
| JUL 9 | MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 RD & 4 TH FLOOR, ROOMS 314 & 414 | 8AM – 4PM |
| JUL 13 | WATERBURY, STATE BUILDING – 2 ND FLOOR, ASH CONFERENCE ROOM | 8AM – 4PM |
| JULY 20 | MORRISVILLE, STATE BUILDING, 63 PROFESSIONAL DRIVE – AHS CONFERENCE RM | 8AM – 4PM |
| JULU 25 | WILLISTON, 289 HURRICANE LANE, RM 201, SPARTAN CONFERENCE ROOM | 8AM – 4PM |
| JUL 26 | BERLIN, DILL BUILDING, 2178 AIRPORT ROAD, LARGE CONFERENCE ROOM | 8AM – 4PM |
| AUG 2 | WATERBURY, STATE BUILDING – 2 ND FLOOR, ASH CONFERENCE ROOM | 8AM – 4PM |
| AUG 6 | MONTPELIER, 120 State Street, 1st Floor Training Room 115 | 8ам-4рм |

Questions? Contact LiveWell Vermont staff at 802-828-7308 or dhr.livewellvermont@vermont.gov