

# >>> Directory



### **First Timer Resources**

<u>Log in Guide</u>, <u>How to Log Points</u>, Our <u>Web Page</u>, the <u>Portal</u> Questions? Email us at <u>DHR.LiveWellVermont@vermont.gov</u>



## **Stay in Touch**

<u>Calendar, YouTube Channel, Blogger, Instagram, Facebook</u>



# **Discounts to Support Wellness**

Check out the <u>BCBSVT Member Discounts</u> page and the <u>VSEA</u> <u>Advantage Discounts</u> for ways to make wellness affordable



## So Much More Than an Incentive Program

In addition to the Incentive Program, we do coaching, presentations, and events. <u>Full details on our website.</u>



#### **Our Partners**

<u>InvestEAP, My Healthy Vermont, Empower,</u> and other valuable resources

