Enroll in Virgin Pulse

Download the app:





TELL US WHO YOU ARE. We'll ask for a few details about you and your Blue Cross and Blue Shield of Vermont Member ID to check your eligibility (e.g., V80123456700102). Enter your last name exactly as it appears on your ID card. Include suffix, commas or periods, if applicable.

LEGAL AND PRIVACY. Review and agree to the rules, data collection and privacy policy!

CREATE YOUR ACCOUNT. Add your email, make a password and give us some additional details to customize your experience.

YOU'RE ALL SET. Your account is ready. Click Take Me There to sign in.

YOUR MEMBER NUMBER IS THE LAST 13 CHARACTERS OF YOUR ID, BEGINNING WITH THE LETTER "V", PLUS YOUR 2-DIGIT MEMBER NUMBER.





