

# 2018 LiveWell Vermont Wellness Screenings

## Central Vermont

### Know Your Numbers:

- Blood pressure
- Non-fasting blood sugar
- Cholesterol



2018 LIVEWELL INCENTIVE PROGRAM

**Book Your  
Appointment on the  
Wellness Portal!**

**Complete a Biometric Screening and earn 30 points in the 2018 *Wellness: Your Way* Incentive Program!**

1. Visit <https://mybluehealth.bcbsvt.com>
2. Create an account/login at the [LiveWell Wellness Portal](#).
3. Complete your Personal Health Assessment found under the "Health" tab on your dashboard
4. Register for your screening. Click "**Community**", then "**Event Registration**". Click the **clinic site, date & time**.
5. Add your appointment to your calendar by clicking on the icon upon registration.

JULY 9	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – <b>6<sup>TH</sup>FLOOR CALVIN COOLIDGE RM</b>	8-4
JULY 11	BURLINGTON, 108 CHERRY STREET – 2 <sup>ND</sup> FLOOR, ROOM 2A	8-4
JULY 13	WATERBURY, STATE OFFICE COMPLEX – 2 <sup>ND</sup> FLOOR, <b>CHERRY C CONF. ROOM</b>	8-4
JULY 17	WHITE RIVER JUNCTION, STATE BLDG., 118 PROSPECT ST. – 3 <sup>RD</sup> FL, VDH RM 120 SPRINGFIELD, STATE OFFICE COMPLEX, 100 MINERAL STREET – LOBBY CONF. RM	10-12 2-4
JULY 20	MORRISVILLE, 63 PROFESSIONAL DRIVE, SUITE 3 AHS CONFERENCE ROOM	8-4
JULY 24	MENDON, AOT, 61 VALLEY VIEW RUTLAND, ASA BLOOMER BUILDING, 88 MERCHANTS ROW – 2 <sup>ND</sup> FLOOR, RM 266	10-12 1-4
JULY 25	WILLISTON, 289 HURRICANE LANE, SPARTAN ROOM	8-4
JULY 26	BERLIN, DILL BUILDING, 2178 AIRPORT ROAD - <b>FOCUS ROOM 2</b>	8-4
JULY 31	ST. JOHNSBURY, STATE BUILDING, 107 EASTERN AVENUE – VDH CONF. RM	10-4
AUGUST 2	WATERBURY, STATE OFFICE COMPLEX – 2 <sup>ND</sup> FLOOR, <b>CHERRY C CONF. RM.</b>	8-4
AUGUST 6	MONTPELIER, 120 STATE ST, 1 <sup>ST</sup> FLOOR TRAINING ROOM 115	8-4
AUGUST 8	BURLINGTON, 32 CHERRY STREET – SHELBURNE CONFERENCE ROOM	8-4

**Questions?** Contact LiveWell Vermont staff at 802-828-7308 or [dhrlivewellvermont@vermont.gov](mailto:dhrlivewellvermont@vermont.gov)