

# 2019 LiveWell Vermont Wellness Screenings



Complete a Biometric Screening and earn 30 points in the 2019 *Start Small. Go BIG!* Incentive Program!

**Know Your Numbers:**

- Blood pressure
- Cholesterol
- Non-fasting blood sugar

**Register for your screening.** Click “Community”, then “Event Registration”. **Click the clinic site, date & time.**

MAR 26	NEWPORT, STATE BUILDING, 100 MAIN STREET – 2ND FLOOR, RM 250	11AM – 3PM
APRIL 5	BURLINGTON, 32 CHERRY STREET –SHELBURNE CONFERENCE ROOMS	8AM – 4PM
APRIL 12	WATERBURY, WEEKS BUILDING – CORTLAND CONFERENCE ROOM	8AM – 4PM
APRIL 15	BURLINGTON, 108 CHERRY STREET – 1ST FLOOR, ROOM 1A	8AM – 4PM
MAY 1	WATERBURY, STATE BUILDING – 2ND FLOOR, CONFERENCE ROOM CHERRY C	8AM – 4PM
MAY 3	BURLINGTON, 108 CHERRY STREET – 1ST FLOOR, ROOM 1A	8AM – 4PM
MAY 7	WILLISTON, 94 HARVEST LANE - SUITE 203 ROOM 206	8AM – 4PM
MAY 9	ST. ALBANS AOT, 680 LOWER NEWTON ROAD	9AM – 3PM
MAY	MIDDLEBURY, 156 COURT STREET, 1 <sup>ST</sup> FLOOR LARGE CONFERENCE ROOM	8AM – 4PM
MAY 29	COLCHESTER AOT, 189 TROY AVENUE, DISTRICT 5 CONFERENCE ROOM	8AM – 4PM
JUNE 4	WATERBURY, STATE BUILDING – 2ND FLOOR, CONFERENCE ROOM CHERRY C	8AM – 4PM
JUL 9	MORRISVILLE, 63 PROFESSIONAL DR, SUITE 3, AHS CONFERENCE ROOM	8AM – 4PM
JUL 11	ST. JOHNSBURY, STATE BUILDING, 107 EASTERN AVENUE – VDH CONF. RM	10AM – 3PM
JUL 12	NEWPORT, STATE BUILDING, 100 MAIN STREET – 2ND FLOOR, RM 250	10AM – 2PM
JULY 19	WATERBURY, STATE BUILDING – 2ND FLOOR, CONFERENCE ROOM CHERRY B	8AM – 4PM
JUL 23	BURLINGTON, 108 CHERRY STREET – 1ST FLOOR, ROOM 1A	8AM – 4PM
JULY 29	ST. ALBANS, STATE BUILDING, 27 FEDERAL ST – 1ST FLOOR, ROOM 138	8AM – 4PM

**Questions?** Contact LiveWell Vermont staff at 802-828-2804 or [dhr.livewellvermont@vermont.gov](mailto:dhr.livewellvermont@vermont.gov)

