

NEW PORTAL COMING 7/1

NEW PORTAL AND INCENTIVE PROGRAM!

CONTINUE YOUR WELLNESS JOURNEY "AROUND YOUR WORLD" ON THE NEW ONLINE WELLNESS PORTAL. AS OF JULY 1ST, YOU CAN ACCESS THIS PORTAL ANYTIME, ANYWHERE.

WHAT'S IN THE NEW PORTAL?

PERSONAL HEALTH ASSESSMENT, INDIVIDUAL WELLNESS REPORT, PERSONALIZED HEALTH JOURNEY, SELF-GUIDED PROGRAMS, PERSONAL CHALLENGES, ACTIVITY TRACKERS, "AROUND YOUR WORLD" INCENTIVE PROGRAM AND MORE!

ARE THERE MOBILE CAPABILITIES?

YES! LET THE PORTAL BE AS MOBILE AS YOU ARE! WITH OVER 80+ ACTIVITY-TRACKING DEVICES OR APPS, IT IS SIMPLE TO SYNC YOUR FAVORITES TO TRACK, TAKE A HEALTH ASSESSMENT, AND MUCH MORE. PARTICIPANTS' ACTIVITIES AND DATA SEAMLESSLY SYNC BETWEEN THE MOBILE APP AND THE PORTAL, SO IT'S EASIER THAN EVER TO PARTICIPATE.

WHEN DOES "AROUND YOUR WORLD" BEGIN AND END?

"AROUND YOUR WORLD" RUNS FROM JULY 1 TO NOVEMBER 1, 2019!!

WHO CAN USE THE PORTAL?

EVERYONE! ALL STATE EMPLOYEES CAN CREATE AN ACCOUNT. PLEASE NOTE BELOW WHO IS ELIGIBLE FOR INCENTIVES.

WHO IS ELIGIBLE FOR INCENTIVES?

ALL PERMANENT ACTIVE EMPLOYEES WITH BCBSVT ARE ELIGIBLE FOR FINANCIAL INCENTIVES UNTIL 11/1/19 OR FUNDS DEPLETED. EMPLOYEES NOT COVERED WITH BCBSVT ARE ELIGIBLE FOR WELLNESS GIVEAWAYS

WHAT CAN I EARN?

REQUIRED: HEALTH ASSESSMENT FOR 50 POINTS/\$50
CHOOSE FROM MENU TO EARN: ADDITIONAL 100 POINTS/\$100
COMPLETE 6 ITEMS FOR ADDITIONAL WELLNESS CHAMPION GIVEAWAY

HOW DO I BEGIN?

ON JULY 1ST, CHECK YOUR EMAIL! LIVEWELL VERMONT WILL BE SENDING A LINK TO THE NEW PORTAL WHERE YOU CAN CREATE YOUR NEW WELLNESS ACCOUNT! CREATE YOUR ACCOUNT AND PICK YOUR USERNAME AND BEGIN! CHOOSE A USERNAME YOU WILL REMEMBER. IT NO LONGER HAS TO BE YOUR EMPLOYEE ID NUMBER.

WHO DO I CONTACT WITH QUESTIONS?

LIVEWELL VERMONT: DHR.LIVEWELLVERMONT@VERMONT.GOV OR 802-828-7308