

# 2018 LiveWell Vermont Wellness Screenings



**Wellness:  
Your Way**

2018 LIVEWELL INCENTIVE PROGRAM

## Know Your Numbers

- Blood pressure
- Cholesterol
- Non-fasting blood sugar

**Book Your  
Appointment on  
the Wellness Portal!**

1. Visit <https://mybluehealth.bcbsvt.com>
2. Create an account/login at the [LiveWell Wellness Portal](#).
3. Complete your Personal Health Assessment found under the “Health” tab on your dashboard.
4. Register for your screening. Click “Community”, then “Event Registration”. Click the clinic site, date & time.
5. Add your appointment to your calendar by clicking on the icon upon registration.

MAY 1	MONTPELIER, 120 STATE STREET, 5 <sup>TH</sup> FLOOR CONFERENCE ROOMS	8-4
MAY 2	BURLINGTON, 108 CHERRY STREET – 2 <sup>ND</sup> FLOOR, ROOM 2B	8-4
MAY 8	BERLIN, VTRANS, 1716 US ROUTE 302, ROOM 114 A & B	8-4
MAY 10	MONTPELIER, NATIONAL LIFE, DEWEY BLDG. (END OF PARKING LOT)– ROOM 237	8-4
MAY 15	BARRE, AGENCY OF EDUCATION, 219 N. MAIN STREET – 2 <sup>ND</sup> FLOOR, RM 304	8-4
MAY 17	MONTPELIER, 109 STATE ST, PAVILION BUILDING – 4 <sup>TH</sup> FLOOR, LARGE CONF. RM	8-4
MAY 22	ST. ALBANS, STATE OFFICE COMPLEX, 27 FEDERAL STREET – 2 <sup>ND</sup> FLOOR, RM 201	8-12
	ST. ALBANS AOT 680 LOWER NEWTON ROAD	1-4
MAY 24	ESSEX, GLOBAL FOUNDRIES 1000 RIVER ST., BLDG. 958 BOLTON VALLEY RM, 2 <sup>ND</sup> FLOOR	8-4
MAY 25	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 <sup>RD</sup> & 4 <sup>TH</sup> FLOORS, ROOMS 314 & 414	8-4
MAY 29	BENNINGTON AOT, 359 BOWEN RD CONF RM	10-12
	BENNINGTON, 324 MAIN STREET ROOM 180(COMMUNITY ROOM)	1-4
MAY 30	DUMMERSTON, AOT, 870 US ROUTE 5	8-12
	BRATTLEBORO, STATE OFFICE BUILDING, 232 MAIN ST. – 1 <sup>ST</sup> FLOOR LG. CONF. RM	1-4
JUNE 11	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 <sup>RD</sup> & 4 <sup>TH</sup> FLOORS, ROOMS 314 & 414	8-4
JUNE 13	BARRE, MCFARLAND STATE BLDG., 5 PERRY ST. – WIC ROOM	8-4
JUNE 15	COLCHESTER, VDH – 359 SOUTH PARK DRIVE TRAINING ROOM 2201	8-4
JUNE 18	MONTPELIER, DEPT. OF LABOR, 5 GREEN MOUNTAIN RD., ROOM 206	8-4
JUNE 19	MIDDLEBURY, STATE COMPLEX, 156 COURT ST. – 2 <sup>ND</sup> FLOOR, ESD 1 CONF. RM	8-4
JUNE 21	WATERBURY, STATE OFFICE COMPLEX – 2 <sup>ND</sup> FLOOR, ASH CONF. RM	8-4
JUNE 25	NEWPORT, STATE OFFICE COMPLEX, 100 MAIN STREET – 2 <sup>ND</sup> FLOOR, RM 250	10-4
JUNE 27	COLCHESTER AOT, 189 TROY AVENUE, DISTRICT 5 CONFERENCE ROOM	8-4
JUNE 29	MONTPELIER, 133 STATE STREET – ROOM 021	8-4
JULY 9	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 <sup>RD</sup> & 4 <sup>TH</sup> FLOORS, ROOMS 314 & 414	8-4
JULY 11	BURLINGTON, 108 CHERRY STREET – 2 <sup>ND</sup> FLOOR, ROOM 2A	8-4
JULY 13	WATERBURY, STATE OFFICE COMPLEX – 2 <sup>ND</sup> FLOOR, ASH CONF. RM	8-4
JULY 17	WHITE RIVER JUNCTION, STATE BLDG., 118 PROSPECT ST. – 3 <sup>RD</sup> FL, VDH RM 120	10-12
	SPRINGFIELD, STATE OFFICE COMPLEX, 100 MINERAL STREET – LOBBY CONF. RM	2-4
JULY 20	MORRISVILLE, 63 PROFESSIONAL DRIVE, SUITE 3 AHS CONFERENCE ROOM	8-4
JULY 24	MENDON, AOT, 61 VALLEY VIEW	10-12
	RUTLAND, ASA BLOOMER BUILDING, 88 MERCHANTS ROW – 2 <sup>ND</sup> FLOOR, RM 266	1-4
JULY 25	WILLISTON, 289 HURRICANE LANE, SPARTAN ROOM	8-4
JULY 26	BERLIN, DILL BUILDING, 2178 AIRPORT ROAD LARGE CONFERENCE ROOM	8-4
JULY 31	ST. JOHNSBURY, STATE BUILDING, 107 EASTERN AVENUE – VDH CONF. RM	10-4
AUGUST 2	WATERBURY, STATE OFFICE COMPLEX – 2 <sup>ND</sup> FLOOR, ASH CONF. RM	8-4
AUGUST 6	MONTPELIER, 120 STATE ST, 1 <sup>ST</sup> FLOOR TRAINING ROOM 115	8-4
AUGUST 8	BURLINGTON, 32 CHERRY STREET – SHELBURNE CONFERENCE ROOM	8-4

**Complete a Biometric Screening and earn 30 points in the 2018 Wellness: Your Way Incentive Program!**

**Questions?** Contact LiveWell Vermont staff at 802-828-2804 or [dhr.livewellvermont@vermont.gov](mailto:dhr.livewellvermont@vermont.gov)