

2018 LiveWell Vermont Wellness Screenings

Central Vermont



Know Your Numbers:

- Blood pressure
- Non-fasting blood sugar
- Cholesterol



Wellness: Your Way

2018 LIVEWELL INCENTIVE PROGRAM

**Book Your
Appointment on the
Wellness Portal!**

Complete a Biometric Screening and earn 30 points in the 2018 *Wellness: Your Way* Incentive Program!

1. Visit <https://mybluehealth.bcbsvt.com>
2. Create an account/login at the [LiveWell Wellness Portal](#).
3. Complete your Personal Health Assessment found under the “Health” tab on your dashboard
4. Register for your screening. Click “*Community*”, then “*Event Registration*”. Click the **clinic site, date & time**.
5. Add your appointment to your calendar by clicking on the icon upon registration.

MAY 1	MONTPELIER, 120 STATE STREET, 5 TH FLOOR CONFERENCE ROOMS	8AM – 4PM
MAY 8	BERLIN, VTRANS, 1716 US ROUTE 302, ROOM 114 A& B	8AM – 4PM
MAY 10	MONTPELIER, NATIONAL LIFE, DEWEY BLDG. (END OF PARKING LOT), ROOM 237	8AM – 4PM
MAY 15	BARRE, AGENCY OF EDUCATION, 219 N. MAIN STREET – 2 ND FLOOR, ROOM 304	8AM – 4PM
MAY 17	MONTPELIER, 109 STATE ST, PAVILION BUILDING – 4 TH FLOOR, LARGE CONF. RM	8AM – 4PM
MAY 24	ESSEX GLOBAL FOUNDRIES, 1000 RIVER ST, BLDG 958, BOLTON VALLEY RM, 2 ND FL <i>MUST HAVE GLOBAL FOUNDRIES ID CARD TO ACCESS SITE</i>	8AM – 4PM
MAY 25	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 RD & 4 TH FLOOR, ROOMS 314 & 414	8AM – 4PM
JUN 11	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 RD & 4 TH FLOOR, ROOMS 314 & 414	8AM – 4PM
JUN 13	BARRE, MCFARLAND STATE BUILDING, 5 PERRY ST. – 2 ND FLOOR, VDH, WIC ROOM	8AM – 4PM
JUN 18	MONTPELIER, DEPT. OF LABOR, 5 GREEN MOUNTAIN DR. – ROOM 206	8AM – 4PM
JUN 21	WATERBURY, STATE BUILDING – 2 ND FLOOR, ASH CONFERENCE ROOM	8AM – 4PM
JUN 29	MONTPELIER, 133 STATE STREET – BASEMENT CONFERENCE ROOM 021	8AM – 4PM
JUL 9	MONTPELIER, NATIONAL LIFE, DAVIS BLDG. – 3 RD & 4 TH FLOOR, ROOMS 314 & 414	8AM – 4PM
JUL 13	WATERBURY, STATE BUILDING – 2 ND FLOOR, ASH CONFERENCE ROOM	8AM – 4PM
JULY 20	MORRISVILLE, STATE BUILDING, 63 PROFESSIONAL DRIVE – AHS CONFERENCE RM	8AM – 4PM
JULY 25	WILLISTON, 289 HURRICANE LANE, RM 201, SPARTAN CONFERENCE ROOM	8AM – 4PM
JUL 26	BERLIN, DILL BUILDING, 2178 AIRPORT ROAD, LARGE CONFERENCE ROOM	8AM – 4PM
AUG 2	WATERBURY, STATE BUILDING – 2 ND FLOOR, ASH CONFERENCE ROOM	8AM – 4PM
AUG 6	MONTPELIER, 120 State Street, 1 st Floor Training Room 115	8AM-4PM

Questions? Contact LiveWell Vermont staff at 802-828-7308 or dhr.livewellvermont@vermont.gov