

# HEALTHBREAK

OCTOBER 2020

## 3 Tips for Creating a Kid-Friendly Learning Space

Creating a helpful learning environment in your home is essential for children as they continue their learning during unprecedented times. Use the tips below to help you create an environment they'll learn to love:

**Designate a specific learning area.** Creating a dedicated learning space makes it easier for kids to focus on schoolwork. While it's easy to set up at the dining room table or the couch, these areas aren't the most conducive to learning. If you don't have an extra room that can be used for school, make the most of the space you do have by being creative. Think about any underused areas in your house — for example, a hallway or even a corner can become the perfect nook.

**Remove distractions.** Less is more — too many toys, books, devices, and even supplies can crowd a space and create a sense of chaos. Decluttering the area helps to remove any distractions and create an orderly environment.

**Make it personal.** Turn your child's workspace into a place they'll love by making it comfortable and inspiring. Encourage them to decorate their area any way they choose — that way, they'll look forward to spending time there.

Setting aside a special learning space for your child allows them to see just how important education really is. Even when things return to a different kind of normal, this dedicated space can be used as a homework station, a study zone, or even a creative workspace.

Sources:

<https://www.waterford.org/resources/how-to-create-an-at-home-learning-space/>

<https://www.connecticutchildrens.org/coronavirus/creating-your-childs-ideal-home-office-for-distance-learning/>



An Independent Licensee of the Blue Cross and Blue Shield Association.