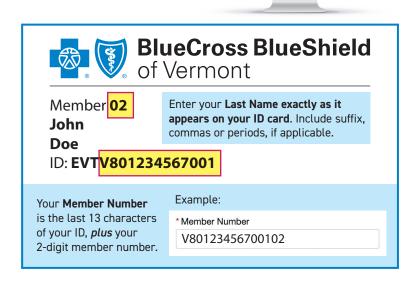
## BE WELL VERMONT HEALTH AND WELLNESS PORTAL

**Welcome!** Are you ready to reach your health and wellness goals with Be Well Vermont?

If you carry health insurance through the State of Vermont, go to **www.bewellvermont.org** to **Create Your Account**, click **Sign Up**, and follow these prompts:

- 1. Enter your email address and click **Submit**.
- 2. Enter the activation code sent to the email address you provided, and click **Submit**.
- 3. Confirm your Family Name (Last Name) and Blue Cross Member Number (see explanation at right), then click **Continue**.
- 4. Fill in all fields on the Create an Account page, then click **Create Account** at the bottom.
- 5. **Agree** to the Terms of Use and Privacy Policy.



## Take your Wellness Assessment today, and start exploring the resources available to you!



## Access the Portal from Your Phone

by downloading the Healthy Path app from the App Store or the Google Play Store. When you first launch the app, search for Be Well Vermont when prompted.

If you DO NOT carry health insurance through the State of Vermont, go to **www.bewellvermont.org** to **Create Your Account**, click **Sign Up**, and follow these prompts:

- 1. Enter your email address and click **Submit**.
- 2. Enter the activation code sent to the email address you provided, and click **Submit**.
- 3. Confirm your Family Name (Last Name) and Person ID Number + SOVR, then click **Continue**. NOTE: If you have a pension, your Person ID Number is on your end-of-year statement. If you do not have a pension, your Person ID Number is on your invoice.
- 4. Fill in all fields on the Create an Account page, then click **Create Account** at the bottom.
- 5. **Agree** to the Terms of Use and Privacy Policy.

Questions? Email bewell@bcbsvt.com.



