



GREEN LIVIN' CHALLENGE

Love Earth. Love Yourself.

CHALLENGE DATES: JULY 2- JULY 22

Earn 60 points to *Green*, the second trimester of the
2018 *Wellness: Your Way* Incentive Program!

COMPLETION REQUIREMENTS

1. Drink and log 64 ounces of water a day for 15 days
2. Complete all weekly tasks by the end of the challenge

Registration Period: June 18- July 8, 2018

Register in your BCBSVT Wellness Portal:

[HTTPS://MYBLUEHEALTH.BCBSVT.COM/](https://mybluehealth.bcbsvt.com/)

If you're registering solo, consider
joining the LiveWell Vermont Team!



Contact LiveWell Vermont @
DHR.LiveWELLVERMONT@VERMONT.GOV
OR (802)-828-7308



LiveWell Vermont
STATE EMPLOYEES WELLNESS PROGRAM